$\qquad$ - $\qquad$ $-$ $\qquad$
Date of evaluation ( $\mathrm{mm} / \mathrm{dd} / \mathrm{yy}$ ): $\qquad$ _ I_ Follow-up time-point: $\square 6$ Month $\square 12$ Month

Directions: On the following page is a list of things that might be a problem for you. Please tell us how much of a problem each one has been for you during the past ONE month by circling:
$\mathbf{0}$ if it is never a problem
1 if it is almost never a problem
$\mathbf{2}$ if it is sometimes a problem
3 if it is often a problem
4 if it is almost always a problem
There are no right or wrong answers. If you do not understand a question, please ask for help.

In the past ONE month, how much of a problem has this been for you...

| General Fatigue (problems with...) | Never | Almost <br> Never | Some- <br> times | Often | Almost <br> Always |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. I feel tired | 0 | 1 | 2 | 3 | 4 |
| 2. I feel physically weak (not strong) | 0 | 1 | 2 | 3 | 4 |
| 3. I feel too tired to do things that I like to do | 0 | 1 | 2 | 3 | 4 |
| 4. I feel too tired to spend time with my friends | 0 | 1 | 2 | 3 | 4 |
| 5. I have trouble finishing things | 0 | 1 | 2 | 3 | 4 |
| 6. I have trouble starting things | 0 | 1 | 2 | 3 | 4 |


| Sleep/Rest Fatigue (problems with...) | Never | Almost <br> Never | Some- <br> times | Often | Almost <br> Always |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. I sleep a lot | 0 | 1 | 2 | 3 | 4 |
| 2. It is hard for me to sleep through the night | 0 | 1 | 2 | 3 | 4 |
| 3. I feel tired when I wake up in the morning | 0 | 1 | 2 | 3 | 4 |
| 4. I rest a lot | 0 | 1 | 2 | 3 | 4 |
| 5. I take a lot of naps | 0 | 1 | 2 | 3 | 4 |
| 6. I spend a lot of time in bed | 0 | 1 | 2 | 3 | 4 |


| Cognitive Fatigue (problems with...) | Never | Almost <br> Never | Some- <br> times | Often | Almost <br> Always |
| :--- | :---: | :---: | :---: | :---: | :---: |
| 1. It is hard for me to keep my attention on things | 0 | 1 | 2 | 3 | 4 |
| 2. It is hard for me to remember what people tell me | 0 | 1 | 2 | 3 | 4 |
| 3. It is hard for me to remember what I just heard | 0 | 1 | 2 | 3 | 4 |
| 4. It is hard for me to think quickly | 0 | 1 | 2 | 3 | 4 |
| 5. I have trouble remembering what I was just thinking | 0 | 1 | 2 | 3 | 4 |
| 6. I have trouble remembering more than one thing at a time | 0 | 1 | 2 | 3 | 4 |

