PedsQL[™] - Multidimensional Fatigue Scale



Child Report (ages 8-12)

Patient ID
Date of evaluation (mm/dd/yy):/_/_
Follow-up time-point: ☐ 6 Month ☐ 12 Month

<u>Directions:</u> On the following page is a list of things that might be a problem for you. Please tell us **how much of a problem** each one has been for you during the **past ONE month** by circling:

- **0** if it is **never** a problem
- 1 if it is almost never a problem
- 2 if it is sometimes a problem
- 3 if it is often a problem
- 4 if it is almost always a problem

There are no right or wrong answers. If you do not understand a question, please ask for help.

In the past **ONE month**, how much of a **problem** has this been for you...

General Fatigue (problems with)	Never	Almost Never	Some- times	Often	Almost Always
1. I feel tired	0	1	2	3	4
2. I feel physically weak (not strong)	0	1	2	3	4
3. I feel too tired to do things that I like to do	0	1	2	3	4
4. I feel too tired to spend time with my friends	0	1	2	3	4
5. I have trouble finishing things	0	1	2	3	4
6. I have trouble starting things	0	1	2	3	4

Sleep/Rest Fatigue (problems with)	Never	Almost	Some-	Often	Almost
		Never	times		Always
1. I sleep a lot	0	1	2	3	4
2. It is hard for me to sleep through the night	0	1	2	3	4
3. I feel tired when I wake up in the morning	0	1	2	3	4
4. I rest a lot	0	1	2	3	4
5. I take a lot of naps	0	1	2	3	4
6. I spend a lot of time in bed	0	1	2	3	4

Cognitive Fatigue (problems with)	Never	Almost	Some-	Often	Almost
		Never	times		Always
1. It is hard for me to keep my attention on things	0	1	2	3	4
2. It is hard for me to remember what people tell me	0	1	2	3	4
3. It is hard for me to remember what I just heard	0	1	2	3	4
4. It is hard for me to think quickly	0	1	2	3	4
5. I have trouble remembering what I was just thinking	0	1	2	3	4
6. I have trouble remembering more than one thing at a time	0	1	2	3	4